### **HIREACH** PATHWAY to EXTENDED RECOVERY The Vision Transform the lives of those recovering from addiction, by strengthening individuals & families, building economic stability, & promoting health & healing **RELAPSE is EXPENSIVE** Serious financial cost for indiv., parents/families, **Fhe Challenge** payors & taxpayers • 46.3 million Americans aged 12+ had a substance use disorder (SUD) last yr • 40-60% of people who have received treatment relapse within 1 year • Case mgmt is a large recovery expense EXTENDED RECOVERY with Our REACH™ Leverages existing recovery programs & assists people in recovery • Via case mgmt & mentorship, recovery programs guide & support participants to flourish. • The Our REACH™ app, with AI, further engages participants, mentors & staff by providing a mobile, collaborative platform for the program curriculum, plus personalized milestone "roadmaps," custom-made & local resources, & communication in crucial life skill arenas. Our*REACH*™ is very flexible for language & cultural sensitivity. It also can be branded & customized.

#### Our REACH™ REDUCES COST & SCALES

- People in Extended Recovery thrive at a much higher rate, improving outcomes in health & Social Drivers of Health such as jobs, housing, etc.
- Efficiency improves for recovery program staff & mentors

The Impact

- Relapse rate becomes lower, thus reducing overall recovery cost
- Our REACH™ seamlessly integrates into workflows & EHRs/CRMs. It can also stand alone if the organization prefers that.

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# Pathway to Extended Recovery

# Facility Transition Community

Recovery Program subscribes to app/platform
& can customize for its program

Program Heads, Case Managers



Volunteer Mentors & other Care Team Members



Recovering participants receive app for free





Work with recovering people so they can thrive; may have volunteer/staff shortages & feel stressed

Struggle with Social Drivers of Health (SDoHs): housing, jobs, education, food insecurity; recovering from substance use disorder

- AFTER DETOX: Introduce Our REACH™ when participants are in the next phase of recovery program. This can be done with "paper & pencil," tablet, etc., depending on program. Participants choose "milestones" on which to focus. Staff can customize "milestones" for the program. Participants & mentors can meet & form relationships.
- **DURING EXTENDED RECOVERY**: Once participants have achieved certain program markers & have access to a smartphone or tablet, they receive the "live app" which can provide rewards as they use it. They continue to work on their "milestones" (with associated resources) on their own & with mentors/staff.

## **Example of Impact**

#### Challenges

#### Results from using OurREACH

#### **Participant**

- Alan has been in detox
- He left high school when son Mark was born; his relationships with Mark's mom & Mark have suffered from his addiction
- · Lacks financial management skills
- Needs job training
- Anxious about utilizing technology
- Alan gets training on the app (incl. setting goals), in preparing for next phase of recovery
- He develops a recovery plan with his mentor
- Once he earns back phone, he receives app
- He gets his GED & finds a stable job
- He improves relationships, step by step
- Easy-to-use trusted mobile app with rewards motivates him to develop new habits

#### Recovery Program - Staff/Mentor



- Tom is stressed with serving several recovery participants with varying needs
- Has difficulty communicating with participants between meetings
- Wants to effectively share SDoH resources
- Communicates more easily with Alan & other participants to encourage them
- With AI companion in app, smoothly points to actionable SDoH resources & relevant milestones
- Nimbly supports participants individually & in groups; saves time

#### **Recovery Program**



- Lacks real-time data on participants' progress
- Needs more staff/volunteer coordination
- Faces staff shortages & financial crunches
- Concerned about relapses
- Concerned about technical inter-operability
- Tracks each participant's granular progress
- Staff/volunteers save time & coordinate better
- Participant engagement boosts program effectiveness & attractiveness to donors
- Improved outcomes lead to lower relapses
- Smooth integration with existing tools

